

We want to Adopt-A-Unit, where do we start?

– **Finding A Unit**

- Remember, you must have permission from the Commanding Officer or Senior NCO

- **Resources**

- National Guard www.guardfamily.org or www.ngb.army.mil or www.ang.af.mil
- Army Reserves Family Programs www.arfp.org
 - » 866-345-8248
- Marine Corps Reserves www.marforres.usmc.mil
 - » 866-305-9058
- Naval Reserves www.navyreserves.navy.mil
 - » 504-678-1898
- Air Force Reserves www.afrc.af.mil/library/family
 - » 800-223-1784, EXT 7-1243
- Coast Guard & Reserves www.uscg.mil
 - » Work-Life Staffs 800-872-4957
- Army www.army.mil/armylife
 - » Army Information Line 800-833-6622
- Department MAP Chairman
- Post / Auxiliary Members with family Service Members